

DXA HISTORY AND QUESTIONNAIRE

Name: _____ Exam date: _____
 Date of Birth: _____ Weight: _____ HT (in) _____
 Menopause Age: _____ Ethnicity: _____
 Referring Physician: _____ Sex: _____ Menopause Age: _____

- | | | |
|---|-----|-------|
| 1. Have you had a previous hip or vertebral fracture? | Yes | No |
| 2. Have you had any fractures during your adult life which did not result from a trauma? (e.g., car accident) | Yes | No |
| 3. Did either of your parents have a hip fracture? | Yes | No |
| 4. Do you smoke? | Yes | No |
| 5. Have you ever taken Glucocorticoids? | Yes | No |
| 6. Do you have Rheumatoid Arthritis? | Yes | No |
| 7. Do you have secondary Osteoporosis? | Yes | No |
| 8. Do you drink 3 or more alcoholic drinks per day? | Yes | No |
| 9. Are you currently being treated for Osteoporosis? | Yes | No |
| 10. Do you perform weight bearing exercise regularly? | Yes | No |
| 11. Do you regularly consume dairy products? | Yes | No |
| 12. Do you drink caffeinated beverages? | Yes | No |
| 13. What was your maximum height in inches? | | _____ |

14. Have you ever taken any of the following medications (circle medications)?

- | | | |
|--------------------------------|-------------------------------|------------------------------|
| Actonel (risedronate) | Boniva (ibandronate) | Evista (raloxifene) |
| Fosamax (alendronate) | Miraculin (calcitonin) | Forteo (parathyroid hormone) |
| Recast (zoledronate) | Protelos (strontium ranelate) | Prolia (denosumab) |
| HRT (estrogen/hormone therapy) | Calcium | Vitamin D |

Any medications to treat depression, anti-anxiety, obsessive-compulsive disorder, posttraumatic stress disorder, social anxiety disorder, and panic disorder. List medication below:

15. Do you have any of the following medical conditions (circle below)?

Anorexia or Bulimia

Asthma or Emphysema

End of stage renal disease

Hyperparathyroidism

Seizure disorder

Cancer

Inflammatory bowel diseases

Hysterectomy

Lupus

Sickle Cell

Acid Reflux

Diabetes

COPD

Other: _____

If Female:

16. At what age did your menstrual cycle start? _____

17. Are you premenopausal? _____

18. How many full-term pregnancies have you had? _____

19. Have you ever missed your monthly menstrual cycle for more than six months in a row (not including pregnancy or menopause)? _____

Patient signature: _____ Date: _____